

2021 TOURNAMENT RULES

These rules apply to the IWLCA Tournament Series events. All participants and coaches are expected to read the official rules prior to each event. IWLCA Tournaments will follow all 2021 US Lacrosse & NFHS

Rules as it pertains to each age level with the following tournament modifications/clarifications:

- All games will start promptly at the assigned times.
- A central horn will be used to start and stop all games; including halftime.
- Score will be kept at the table by a field marshal and reported to the main tent at the conclusion of the game.
- No jewelry allowed on players, unless for medical purposes, which must be disclosed to the officials and opposing coach prior to the start of the game.
- All protective equipment must meet NOCSAE standards and be verbally certified by coach. Mouth guards must be worn at all times.
- Each half will be 25 minutes with 5-minute halftime.
- Coaches may not call timeouts.
- Officials may stop on field play for any reason he/she feels fit, examples include: serious injury, game equipment issues, sideline problems, etc. During an injury timeout, the clock will run.
- If weather reaches certain temperature, then mandatory water breaks will be implemented.
- All substitutions are handled on the fly or on a goal scored.
- If a shot is taken at the end of a half prior to the horn and the ball scores the goal WILL stand.
- 8 –Meter Shots: WILL NOT be played if the horn sounds for the end of the game or half.
- Alternate possession – The team listed first on the schedule receives the first alternate possession. After the initial possession is awarded, the possession will then alternate.
- Yellow/Red Card Penalties: All cardable penalties are 2:00 NON-RELEASEABLE and team plays “player down.”
- 1 YELLOW Card (PLAYER) – the player must sit for 2 minutes, running clock, the field marshal at the table will keep time.
- 1 YELLOW Card (COACH) – a player from the field must be taken off and sit for 2 minutes, running clock, the field marshal at the table will keep time.
- 2 YELLOW Cards – the player must sit the remainder of the game. This player may return to the next game.
- RED Card-defined as a single red, not two yellow cards (PLAYER) – The player must sit the remainder of the game and the first half of the NEXT game.
- RED Card (COACH) – The coach must leave the game and the game field until the completion of the game. They may NOT coach from the stands or the perimeter of the field. Any coaches receiving a RED Card will be noted by the IWLCA Tournament Series staff and will be placed on probation. Should that coach receive another RED Card in the same calendar year at an IWLCA event, the coach will not be allowed to coach at an IWLCA Tournament for 365 days.